

**October 2010**



*Dinghy Weeks 2010  
Thanks to Judi Thurlby for the photo*

**Issue 83**

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All start at 19:30 hours unless written otherwise

<b>S O C I A L</b>	13 November	Laying Up Supper
	27 November	Annual Prize Giving
	04 December	Annual General Meeting <b>15:00</b>
	11 December	Christmas Carols & songs
	19 December	Children's Christmas Party <b>TBA</b>
	25 December	Christmas Drinks <b>12:00 - 14:00</b>
	31 December	New Years Eve Party

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Y**

**Coffee Mornings**   
Hilde's very popular Quality coffees  
The First Tuesday every month at 10.30am  
**Hope to see you there!**



**CAROL EVENING**

Saturday 11th December

Get into the Christmas spirit  
with Mulled wine, hot mince pies,  
Stollen and a seasonal Sing-along.



Bar open from 7.30pm More details to follow.

 **! New Trophy to be won !**  
**For the best overall article in Mainsheets  
not a specific sailing story.**  
Trophy contributed by Ann Perrett

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## MAINSHEETS

The club has been investigating the possibility of distributing Mainsheets electronically. 1. to reduce printing and distribution costs;  
2. it is a more environmentally friendly option.

You should have all received an e-mail with a link to an online copy of Mainsheets. Approximately 33% of those receiving the e-mail replied. Of the 130 respondents approximately 75% were very supportive of the initiative and about 25% indicated their preference for the paper version. No decisions have yet been made until such time that we get some price comparisons that make it work. So for the time being Mainsheets hard copy will still be issued to all members. We will keep you informed.

If you haven't yet replied or didn't receive the e-mail please feel free to drop me a note letting me know your preference.  
Mark Hindry Treasurer@hillheadsc.org.uk

 HH

## Commodore Luke Morrison

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As I write my last article for this year the committees are busy working on preparations for the Annual General Meeting and the programme for next year. Your committees are a credit to the Sailing club and your support for them is paramount.

By now you should each have received a copy of the Preliminary notice and Minutes of the last AGM meeting. Please, if you are free, do try to make it to the A.G.M on Saturday 4<sup>th</sup> December at 15:00.

**The Sailing Committee**, in the last three months, has endeavoured in many avenues to ensure you get the experiences you want. Whether Club Racing, Open Events, RYA training, Dinghy Weeks or even the Onboard Community Sailing sessions there really has been a vast amount to choose from and participate in. As ever it is your valued input that makes these work, but it is up to key individuals to organise these events and make sure they happen. Chris Clarke with his Sailing and Training team has ensured just that.

**Commitment:** One issue that has been raised with me is the commitment of members with the training we offer. This year a number of coaching sessions and start sailing courses have been set-up and when you have signed up for these, the conditions clearly read that you must attend all the sessions; well it is sad to see that a number of members simply do not turn up. So imagine a volunteer running the course getting to the club at 8am for your benefit and you don't turn up – it is quite disheartening, so it is up to all of us to make sure we know what we have committed to without needing prompting! Please don't let volunteers be put in this position.

**The House Committee** continues to work hard for your club and with great success. The Sailing events have been well served and many visiting members are very satisfied. There is now a new Bar manager installed so there is no further need to have 100 Bar managers in the club – how much easier that will make it for the house committee!

There is one important point I would like to make; from my perspective the house committee get very little support, or very little direct input from members outside committee, so because of this it is very hard for them to give you what you want, so when the bar chatter starts and the constant negativity runs fluid, you really must stop and have a think about why it is they are on the committee. They are there for you, and to work with you to make the Bar and House run well and in a great atmosphere that everyone can enjoy. They need you and also new members to sit on the house committee to help the continual development of the house! So if you are interested please talk to either the House Commodore or me.



**The Haven Committee**, led by John, continues to work for you all in the club. John in the coming months will progress with checking the mooring chains and with his merry volunteer helpers take to the haven and spit side to do the annual work required! I must thank John for his continued hard work and commitment to the role which he has now long served.

### **What's going on in the world of Club Management?**

**Volunteering** is what makes our club live and breathe and without it the club would have long gone. Unfortunately the way in which we keep records of the duties you do is no longer fit for purpose and each year we ineffectively create rosters, but do not use the membership to the best of its ability, which as you can imagine causes the committees hellish problems.

Well a solution is in hand and as I made clear at the start of the year; the Rear Commodore has been tasked with the analysis of who does what in the club. Although this is still happening, at renewal time this year we shall be implementing a new way to put together the duties you want to do in 2011.

So with your renewal form this year there will be a second sheet, on which you will be asked to select your preferred duties. If there is a particular duty you do already then please indicate it. But our aim here is to get everyone to volunteer for something, and when they actually indicate what they want to do, actually get used!

This new approach to members' duties will be difficult and time consuming to sort out, but the benefits of it working are endless. In the renewal forms you will receive, there will be full instructions and guidance to help you complete the form and what you need to do with them. N.B: These forms are mandatory, and must be completed with the renewal forms.

**The Fareham Borough Council Lease:** I am pleased to confirm that the club has agreed a rent review with Fareham Borough Council on a 5 yearly rent review. For the first time in 10 years the rent rate per annum will be going up from £1675 to £1895. This was negotiated down so we have saved a little on the original offer. The Management Committee endorsed this and I am now in the process of signing the relevant paperwork.

**The Hampshire County Council Lease** has also progressed a little with my own understanding, but also with respect to the raw details. HCC has now confirmed that the Groyne 7 & 8 area will **not** form part of the new lease area, therefore the existing lease area will be as we are offered in the new lease.

We are currently still stalled, because the Crown Estates have accidentally registered their interest on to land which belongs to HCC. There is currently some legal throwing about going on to re-establish Land Registry control for HCC with the land area, so when this is complete we will be ready to see a fresh

**5** copy of the draft lease for reading and hopefully signature. I will keep you posted.

**The Club's financial position:** I noted in my last article that this was up for discussion and said I would report back. Well we are currently looking carefully at ways we can begin to build the club's depleting funds so that we can fund projects into the future. This of course is being mindful that we cannot touch our emergency cash reserve. (Currently around 109K) The development and maintaining of the club's estate will depend on this review and I will very soon be in a position to reveal some models and scenarios we have been working on for examples of where we are and where we want/need to be. All I can say at this point is that, to continue spending as we do, with the income rate the same every year and with continual price increases in everything we use/spend and buy, this is continuing to close the gap between Surplus and deficit each year, so we would have to make some difficult decisions about just how we want our club to develop as it does today. So it is important that the membership listen carefully to any pending proposals not just with a mind on how it affects you personally, but even more importantly how it affects your club in the long term.

### **What else is going on at the Sailing Club?**

**The Committees** appear to largely be staying as they are for 2011 as many people are happy to continue in their role. The nominations sheet will be up until the 1<sup>st</sup> November and if you feel you can add some value to a committee then why not consider it? There are two positions on the house committee and even then if there is some way you want to help, we can always have a co-opted member on a committee. For more information on Committee work speak to either me, Chris Clarke or David Pearce and we will be happy to tell you about what happens.

**The End of the season** always brings with it some more great sailing and a mixture of social events up to the time of year with a festive hint. It will be great to see as many of you come and participate in these events and remember there is some very good sailing gear these days that will keep you warm whilst on the water! Do enjoy! Please look out for notes from the Sailing and House Commodores in events coming up.

**The Laying Up Supper** will be the event to mark the official end of the Sailing season and I hope to see many of you there on the evening. It's a great evening and the Flag Officers will be on hand to talk to you and enjoy the evening with you. I am looking forward to hearing the Sailing Commodore's speech this year!

Well I am going to leave it there for this year; my Mainsheets articles do go on a bit, but I feel it is important to bring you up to date on what occupies our minds on the management committee, but also telling you what committee members do for you at the club every day, all year round. I do wish you have a great time leading up to Christmas and I wish you all well on the water whether sailing or swimming. Seeing you down using the club on a social basis would also be fantastic and remember your Bar is open every evening offering drinks at great club prices! Use it please!

Best Regards to you all  
Luke Morrison, Commodore





## Vice Commodore (Sailing)

**Chris Clarke** [Vicecommodore@hillheadsc.org.uk](mailto:Vicecommodore@hillheadsc.org.uk)  
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As the Summer becomes but a memory, and the darkness of winter encroaches, now is a very good time to look back on all that has been achieved this year.

As well as Club Racing and Training, which have continued at what seems a frenetic pace, we held a very successful Club Regatta in July, in fairly lively conditions.

Also towards the end of July we hosted this year's Annual SLOSHH Trophy and next day we ran the Triangulation Open Event.

This year's SLOSHH saw 65 boats taking part, it was a hard fought contest and although individually for Hill Head, Dean Pepperell and Lez Hardy finished 1<sup>st</sup> and 2<sup>nd</sup> equal respectively, the Trophy was won by Seafarers SC. We congratulate them, and give notice that next year we will be fighting hard to regain the trophy!

The end of July and early August was the time for our Dinghy weeks - we had a fantastic number of children and youngsters taking part in each week, over 100 for each. I thank Commodore Luke, Sue Ellis and many, many helpers for making these weeks such a success. From the feedback given so much fun was had, and the sailing skills of many of our youngsters has come on in leaps and bounds.

Whilst on the subject of Open Meetings, by the time you read this we will have held our final Open Weekend of the year, Saturday 9<sup>th</sup> October the Tera Open, and Sunday 10<sup>th</sup> October the Feva/Mirror Open.

Now is a good time to thank all those who have helped run these events and those earlier in the year. As you know they don't just happen, so many people give their time to carry out a range of duties, both large and small, and it is because of you that the competitors have such a good day. Thank you.

The Cruisers have also had a very busy and successful summer under the leadership of Class Captain, David Ellis. There have been very good turnouts for the racing, and even the weather seems to have played its part this year.

Turning to Training, the delayed Adult Level 2 Training course, was completed in July, well done to all who achieved the Level 2 standard, and thanks to all involved in running the course.

We have completed our Onboard sessions and Squad sessions and held another Ladies session. Well done to all who have taken part, please do show your appreciation to all who have run these sessions, by coming to the club and getting out on the water, to sail and race to put into practise those skills which you have newly learnt.

You will recall that I have already advised you by email, that the final Oppie session is now to take place on Sunday 7<sup>th</sup> November. Thank you to Margaret and her team of helpers, who spend considerable time up to their waists in the sea, giving encouragement and allowing the children taking part to learn new skills.

As the winter lay up season approaches, please be ready to spot when dinghy working parties are to take place, please give all the support you can to Simon Jones, who works hard to keep the park looking so good and to accommodate as many boats as possible, thus keeping the waiting list as short as it can be.

My thanks go to Andy Martindale, Club Boat Bosun, who has been so proactive during this year to keep the club fleet in such good order, and let me thank his wife Andrea, who has led the initiative to do sewing repairs to covers and sails.

Turning to the Safety boats, Rob West and Rowan Wiltshire, Bosun and Assistant, have continued to carry out sterling service to the RIBs to ensure that they are fully serviceable. Please help them by reporting any faults or damage without delay; AND please will all drivers be very careful in the vicinity of the Haven and its approaches, please keep your speed down and your engines up.

The RIBs are vital to the success of our racing activities, as are our Race Teams. I think you will agree they are so dependable and by doing what they do week in week out, we all benefit from being able to race as often as we do.

Whilst on this subject, I am looking for new Race Officers and Assistants who would be willing to come forward to be trained over winter ready for the 2011 sailing season. You would need to be familiar with dinghy racing, preferably at HHSC. I will arrange for training to be given during the winter, I will also be inviting all existing Race Officers and Assistants to have some refresher sessions.

Please ring me to talk about coming forward to be a Race Officer or Assistant. It will be of tremendous benefit for us to increase the numbers and it will strengthen our teams and help to lighten the load.

In conclusion, I thank all members of the Sailing Committee who have been so active in planning and running the extensive sailing programme put together at the start of the year. I do hope that you have enjoyed the large variety of activities which have been arranged.

Finally, please note in your diaries that our Annual Prize Giving evening is on Saturday 27<sup>th</sup> November. We look forward to celebrating together the success achieved by our sailors and applauding our Prize winners.

**Chris Clarke**, Vice Commodore Sailing

Don't forget to keep looking at <http://www.hillheadsc.org.uk>





## Rear Commodore's Jottings

David Pearce

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I am continually reminded why computers and other electronic wizardry drives me mad. I came to write my article, albeit right on the deadline, only to find that my new laptop would not allow me to logon to my account. It's still decidedly dead but strangely I have been able to logon to Chantal's account on the same laptop. Pen and paper that's the future.

Whilst there have been no social events since I last wrote to you the House side of the club continues to provide support to sailors and non sailors alike. Dinghy weeks this year were particularly busy with food being provided for a vast number of cadets by a superb team of volunteers. It really is amazing how much food is consumed in those two weeks which necessitates an early start in the kitchen. That, coupled with frequent trips to the supermarket for supplies and the inevitable clear up afterwards, keeps the volunteers busy from well before sailing starts to well after it has finished. So a big thank you from me to all those who helped in those two weeks.

More recently I think there was one of the busiest weekends we have had at the club for a long time. Three Open meetings and a new members evening over two days kept the house volunteers very busy. Breakfasts were served each day from 0830, lunches as usual and then food for the racers when they came off the water. That and longer bar opening times provided our usual high standard of service to members and visitors alike. So once again I must pass on the thanks and praise that visitors and new members gave as they were leaving the club. It is gratifying to hear from visitors that they always enjoy coming to Hill Head Sailing Club because we always do more than other clubs. So thank you to all who did a volunteer duty over that busy weekend it was certainly appreciated by both visitors and members.

You will recall in the last edition of Mainsheets I mentioned that there was a problem with the returns from the Bar. David Perkins very kindly undertook a review and reported to the House Committee on the matter. He pointed out there were several reasons why a loss may be occurring. He was able to determine from his extended stock take that the bar was losing the equivalent of approximately £4 per day. That is not to say it happens every day, but it is given as an equivalent. This value is known because the stock take enables us to determine exactly how much stock has been shifted and its value which is then compared with the money actually taken. Just recently there has been a problem with beer temperature which has resulted in some losses. Following earlier comments the system was checked and found to be ok, but more recently the problem seemed to get worse. The brewery cellar rep was called, whilst I was away on holiday, and it was found that two valves on the cooling system in the boat shed were virtually closed.

These valves do not close themselves!! Anyway those have now been opened and all seems to be well again. So that probably accounts for some of the loss. Stock takes will continue on a regular basis to determine if losses are reducing.

Whilst on the bar subject there has been comment about stock we have which is being sold after its best before date. I copy below advice from the Food Standards Agency to allay members' fears that we may not be complying with food hygiene regulations.

### **Is it legal to sell products past their 'best before' date?**

Shops are allowed to sell food after its 'best before' date has passed. 'best before' dates are concerned with quality rather than safety, so it doesn't mean that the food is dangerous if the 'best before' date has passed. However, if you buy food after the date, remember that it might no longer be at its best.

'Use by' dates are different to 'best before' dates and it is against the law to sell any food that has passed its 'use by' date. Using it after this date could put your health at risk.

In all cases, whether or not the 'best before' date has expired, the law says that food sold must not put people's health at risk and must not be falsely or misleadingly described or presented.

I expect by the time you read this article Trafalgar night will have come and gone and I am sure it will have been the success it always is. Tremendous costumes and testing quizzes along with traditional English food always makes for a good evening out for members. So thanks to all those involved with organizing and executing the event.

Coming along in November we have the annual Laying Up Supper. This has been in the planning for quite some time. Later in Mainsheets you will see the menu and detail of the evening. Great effort has been taken to keep the price as low as we can hence the slightly earlier start and finish this year. Had we partied until after midnight I'm afraid the cost would have been noticeably higher. We have been asked by HMS Collingwood to remind our members that whilst our cadets are welcome in the mess they are not allowed to consume alcohol at all. This means that even their parents or other members are not allowed to purchase any alcoholic drinks for anyone under the age of 18. Another quick reminder from them is that whilst they realize we are all there to have a good night, dancing alongside the DJ on the stage and taking drinks onto the dance floor is not permitted. There will be a raffle this year, but instead of the usual array of prizes which have been prized from the hands of local retailers we have several gift vouchers from Argos and Marks and Spencer. The sign up list is available at the club – please ensure you put your cheque, which can be post dated, in the envelope when booking and complete all the boxes on the sign up sheet. It makes it a lot easier for Joan Buckland, who is organizing the event. Last year she spent a lot of time phoning around asking for information and money. The list closes on 30<sup>th</sup> October to allow all details to be forwarded to and processed by HMS Collingwood's security contractor. I look forward to seeing you there.



Sorry but a bit of a moan. Recently there has been a few occasions when members have not turned up for their duty with no replacement having been found. On a couple occasions a name has been crossed off a rota and replaced with "Volunteer Required". I'm afraid that will not have the desired effect. If you cannot do a duty please, please try and find a replacement – an email request often produces the desired result.

I am pleased to be able to tell you that the position of Bar Manager has now been filled. I am indebted to Steve McKenning for volunteering to undertake this duty. He will be responsible for Bar operations, but not rostering. So if Bar Officers have a problem with stock, maintenance or repairs please contact Steve. He has a wide remit and will be only too pleased to help you out.

I am still working on the volunteer situation as a whole and along with others and some electronic wizardry I believe next year we will be able to improve on the current situation where we are over-subscribed in some areas and under-subscribed in others. We hope that more members will be able to assist with voluntary duties reducing the burden on those who do so much.

You will recall that there was supposed to be a social event in September. Unfortunately there were no volunteers to organise anything. Planning for next year is underway so if you would like to organise an event next year please let me know as soon as possible. If you want to know what's involved please contact me.

That's all for now. Who knows I might even get to write some more next year!! I look forward to seeing you at the club. Remember that you can always contact me by phone on 01329 662368. I would prefer a call rather than email as I don't read mails every day. **David Pearce**

**Andy Martindale – Club Boat Bosun** [club-boat-bosun@hillheadsc.org.uk](mailto:club-boat-bosun@hillheadsc.org.uk)

The last 3 months saw the majority of club boats regularly sailed with club members using a cross section of the fleet.

The system for reporting faults and damage via the log within the booking folder is now working well, this enabling me to prioritise and schedule repairs.

All club boats were used during the dinghy weeks and I would like to thank Dave Vines and Margaret Hyde for helping with some vital repairs during the 2 weeks.

The newly acquired club sewing machine has been used to undertake a variety of repairs and a big thank you to Andrea.

Over the next few weeks, the focus will be completing outstanding minor repairs and ensuring we enter the winter in a good position.

## Dinghy Weeks 2010 – Another exceptional year!

Once again this year it has been an incredible ride from start to finish with these weeks. In April Sue Ellis and I started looking at the organisation for this event and without delay parents began eagerly sending in their children's registration forms. Thank you to all who helped to make this Pre-registration process work – It is here to stay!

Dinghy Week one saw 106 children and adults sign on and participating during the week; Dinghy Week two unexpectedly saw the same number; it would seem that the popularity of our dinghy weeks ever grows.

From my perspective of organising this event the format, which has underpinned dinghy weeks for many years, works, but this year saw a change with some twists. Indeed when I mentioned the words Short Course Racing to my race team, Bob McManus, Keith Annand, Vicky Armitage, Gwen Butcher, Alf Allen and Charles Benoy their smiles dropped and nerves began to set in. Nevertheless with my careful steering we completed two great weeks of race management and I thank my race team for their fantastic efforts!

To support the events on the water has taken a fantastic level of voluntary support; from Sue Ellis our esteemed and dedicated Administrator of Dinghy Weeks, Cath West our assistant to Sue and First Aider, David Pearce our Safety Officer and his team of Safety Boat Personnel, Dennis Futchter and his team of brilliant and well organised Beach crew and Andrea Martindale and her team of Tally girls to name but a few of the main principle volunteers. Their dedication to enabling over 100 children and adults enjoy two weeks of sailing is unprecedented and to do this in their own time either by being on holiday or taking unpaid leave – Thank you! Thank you! Thank you!

This year once again Pat Dyer was at ease when knowing that she would have a number of helpers during Dinghy Weeks and with her well oiled set-up. It was a slick and professional delivery of food and drink to the many sailors and helpers each day – Pat thank you to you and your team for two weeks well done. Just make sure you come back next year.

What was extraordinary this year was the level of sailing ability and dedication to the racing in the two weeks. The sailors enjoyed the breaks in both weeks half way through to try some Short Course Racing, but respected the overall two week series. Many sailors during this week went from being social 'have a go, now and then sailors' to dedicated club racers, enjoying the racing with their friends and seeing just how few points they could get in the rankings.

One thing is certain, there are some exceptional sailors at Dinghy Weeks and whether you are a sailor at the back of the fleet or just having a great time recreational sailing, or whether you are working your way up the race fleet, it just doesn't matter, because at the end of the day it was Children playing an honest, exciting and enjoyable sport. I want each and everyone of you to be proud of what you have achieved.

I wish to thank at this point everyone I have not named above, there are simply are too many names to mention, but the implementation of volunteers is very large - if we had 100 children at the club on one day there were probably that many again in helpers!

Congratulations should go to the winners of Dinghy Weeks and again there were many 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners:

#### **RS Tera Award**

1<sup>st</sup> *Bill Vennis-Ozanne*  
2<sup>nd</sup> *Laura Martindale*  
3<sup>rd</sup> *Jaisila Patel*

#### **RS Feva Award**

1<sup>st</sup> *Cameron Webber & Joseph Fenwick*  
2<sup>nd</sup> *Lisa Provis & Charlotte Knighton*  
3<sup>rd</sup> *Beth Sadler & Anna Mackay*

#### **Large Handicap Award**

1<sup>st</sup> *Joe Hindry*  
2<sup>nd</sup> *Steph Webber & Tom Sully*  
3<sup>rd</sup> *Amy Barr & Beth Fieldsend*

#### **Oppie Training Award**

1<sup>st</sup> *Harriet Brocklebank*  
2<sup>nd</sup> *Sam Kinberley*  
3<sup>rd</sup> *Jessica Lawrence*

#### **Topper Award**

1<sup>st</sup> *Max Hindry*  
2<sup>nd</sup> *Rob Vine*  
3<sup>rd</sup> *Abby West*

#### **Small Handicap Award**

1<sup>st</sup> *Kim Clarke*  
2<sup>nd</sup> *Georgina Thurlby*  
3<sup>rd</sup> *Ewan West & Emily Gulson*

#### **Oppie Racing Awards**

1<sup>st</sup> *Monique Vennis-Ozanne*  
2<sup>nd</sup> *Neil West*  
3<sup>rd</sup> *Ben Salisbury*

#### **Short Course Racing Award**

1<sup>st</sup> *Steph Webber & Tom Sully*  
2<sup>nd</sup> *Chloe Barr*  
3<sup>rd</sup> *Rob Vine*

This year the Ken Finch trophy, to be awarded for a lady who has shown exceptional development in her sailing, and for this year in a new class of boat starting from Dinghy Weeks, went to Chloe Barr of Lee on Solent Sailing Club. (Now of Hill Head Sailing Club)

For the special merit award: an event had happened that involved a young Oppie Sailor falling from his boat out at sea, in quite choppy conditions. The award winner was Max Hindry who stopped by him and made sure he got back into the boat and was ok. (Max was winning the race at the time!) Such mind set and sensibility at Max's age is well worth noting and good to see.

Dinghy Weeks will return in 2011 from Monday 11<sup>th</sup> August and Monday 15<sup>th</sup> August and you will see details soon in the New Year on how you can send in your pre-registration documents. Remember, for up to date information please visit [www.hillheadsc.org.uk/dinghyweeks.htm](http://www.hillheadsc.org.uk/dinghyweeks.htm)

Again I cannot thank everyone enough for their input; I am thankful to have a membership that are forever willing to lend a hand and to help everyone achieve our goal of just enjoying some time on the water having fun!

**13** Until next time!  
Luke Morrison, HHSC Commodore

# The London 2012 Paralympic Games Sailing

## Paralympic

## Sailing

### Sailing at the Games

The sailing event in the Paralympic games will take place in Weymouth and Portland starting on the 1<sup>st</sup> September and continuing until the 6<sup>th</sup> September 2012. 80 athletes will compete for a total of 3 gold medals. It is going to be hard work considering the fact that the competitors are physically disabled. Sailing is open to amputees (people with missing limbs), cerebral palsy sufferers (paralysed limbs), visually impaired, wheelchair users and other disabled athletes.

### Brief History

The disabled event started on an international scale in the 1980s. Sailing was introduced into the Paralympic Games as a demonstration sport in Atlanta in 1996. It then became a full medal sport in Sydney in 2000. The first International Handicap Trophy Regatta was held in Switzerland then in the following years in Germany, Netherlands and France.

### Competing

Sailors compete in the 2.4mR class and the sonar class. Each class has one boat per country. The 2.4mR is an international singlehanded keelboat. The yachts used in Paralympic sailing have keels that help keep a balanced boat. The 2.4mR is almost 14 ft in length and 2ft 8 inches wide. 2.4mR racing is an open class, with everyone competing together. The Sonar, is a keelboat class, it is normally sailed with 3-4 crew members. The Sonar is 23ft in length and almost 8ft wide.

### Classification

Classification for the Sonar is based on a points system. Severely disabled athletes have low points. Less disabled athletes have high points e.g. 9. Each crew of 3 is allowed a maximum of 12 points. The main points that would be assessed to classify athletes would be

**14** ... Stability ... Hand movement - able to control tiller and sheets  
... Vision - able ... Mobility - able to move around

Classifiers decide how badly disabled they are in terms of sailing. For example the loss of a foot is not as severe in sailing as it is in athletics. Races have 9 separate runs, which each take an hour to complete. They are an upwind and downwind leg. Competitors attain points according to their position, so 1<sup>st</sup> place, 2 points for 2<sup>nd</sup> place etc, at the end, the team with the lowest number of points win.

## Meet the Mascots

Every Olympic game has mascots. For London 2012 we have chosen Wenlock and Mandeville. Wenlock will be representing the Olympics and Mandeville the Paralympic Games

Wenlock is named after the Shropshire village of Much Wenlock. This village held annual games and it was this that inspired Baron Pierre de Coubertin to develop the modern Olympic Games. Mandeville is inspired by the Buckinghamshire town of Stoke Mandeville, where the Paralympics were founded when injured soldiers took part in sports tournaments.

The mascots were mainly made to inspire children to follow the games and provide good marketing for the games.



### Wenlock

The shape of Mandeville's head represents the three levels on the Olympic podium where athletes are given their medals. Wenlock wears five friendship bracelets that are the colour of the Olympic rings. Wenlock is silver with flashes of gold and bronze. This represents all the colours of the Olympic medals.

### Mandeville

Mandeville's head is shaped like an aerodynamic helmet has the three Paralympic colours - blue, red and green. Mandeville has a personal best timer to keep track of his performance.

Wenlock and Mandeville both have a taxi light on the top of their heads which show London's unique black cabs.



'Out of a rainbow' tells the story of Grandpa George sculpting two figures from the last two drops of steel used for making the Olympic Stadium and giving them to his grandchildren. Brought to life by a rainbow, Wenlock and Mandeville learn from and copy the children, try sport inspired by the posters on their wall and then head off on

their adventures. If you would like to watch the movie you can go to the website at: <http://www.london2012.com/mascots>

Jaisila Patel

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## *HHSC CLUB WINDSURFING NEWS*

Throughout the summer we piloted the provision of user friendly Windsurfer kit to provide opportunity to proficient dinghy sailing members to extend their skills to include windsurfing.

This had good beginnings and we now have two boards with two complete rigs which can go afloat together and hence one to one advice can happen directly on the water.

Although some experienced windsurfers can be seen sailing at any time of the year, it is advisable for members who wish to give windsurfing an early try to wait until next April to May when all the kit will become available again and news about this issued by general email. My thanks to the many members who have helped to create this provision.



For a set of full information email [bpw2007@waitrose.com](mailto:bpw2007@waitrose.com)  
Currently co-ordinating and responsible for WS maintenance - Brian Wild  
01329 662831

### **Annual HHSC Prize Giving 2010**



Saturday 27 November

19:30 in the clubhouse

**! Come and see and cheer the winners !**

## Dinghy Week Topper Coaching

Every dinghy week, there is usually a good turnout of toppers, and this year was no exception.

With 32 entries over the two weeks, everyone had fun racing and competing for a place in our own class results. However, to encourage us to get racing and improving our sailing, this year, a topper coach, Mike Lee, came to give us some advice.

Mike couldn't come every day, but on the days he did, we had a quick classroom session in the lunch break and then we were coached on the water. The topics we covered in the training room were sailing with the tide, getting a good start, sailing with the waves, sailing upwind and lots more. I know that the sessions helped me a lot, as did the specific coaching to me on the water, and have helped me to race and sail to a higher standard.

Hopefully all the topper sailors found the coaching as helpful as I did, and I think we owe a big thank you to Margaret for getting us organised, and an even bigger one to Mike for giving up his time to coach us and make all his training so fun and exciting.

Abby West



Dingy week two 2010  
In force 5 winds  
Thanks to  
Judi Thurlby for the photo

## Dinghy Weeks July 2010

Thanks to  
Judi Thurlby  
for the photo

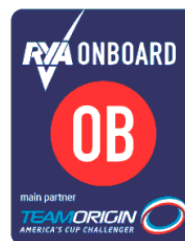


## ONBOARD

Following on from last year's success of the Hill Head RYA Onboard Session Tom, Meg and Euan Smart, Dara and Connell Murray, Becky and Lottie Johnson, Emily and Mary David, Daniel Shilliker, Hannah, Molly and Aaron Fokinther and Olivia, Charlie and Sam Titmuss from HHSC went to Spinnaker Sailing club, Ringwood and did lots of fun activities.



When we got there we signed in and were put into groups, pink, purple, gold and green. In the groups there was a wide age range with children from ages 6 to 14. We all went to the activity of our particular colour. The activities were: Feva football, Kayaking, Bug pass the parcel and Topper egg and spoon. Feva football was an activity where you had QBAs and Fevas against each other. You had to sail to collect the ball and throw it into the opponent's goal. The egg and spoon took great skill and effort to keep the egg on the spoon whilst your helmsman navigated you round the tricky course. In Kayaking you had to paddle to the significant land mark ahead and return. Pass the parcel was a game where you had to throw the parcel from boat to boat and retrieve from water if it fell in.



Onboard, developed by the RYA, is a programme to help introduce sailing. Working with clubs across the UK, OB makes getting into sailing easier. Even if you live miles from the sea, you can experience the best of sailing on lakes and rivers in your area! OB gets you out on the water, teaches you new skills and lets you have great fun too!

When everyone had finished their activities there was one final challenge, the relay race, the winners received a medal and everyone who participated received a goody bag and a certificate at the end of the day. To finish an excellent day there was a brilliant BBQ!

We would like to thank Spinnaker and Sam the On Board Officer for organising such an amazing day!!!!

Meg Smart

Don't forget to keep looking at <http://www.hillheadsc.org.uk>

## Eco Project follow up 2010 September.

April – August 2009 - 2010 comparison totals

	<b>Gas</b>	<b>Electricity</b>	<b>Water total</b>	<b>Water club</b>
2010	227	6622	263	154
2009	267.26	6902	296.129	185.669

It is pleasing to see gas, electricity, and total water reduced. Within the water saving, the biggest reduction was within the club, where the reduction in flow washers had been fitted to the showers, with no complaints about the difference in flow.

The reduction in electricity used we hope is linked to the fitting of the low energy lamps.

All actions in the project, have been completed: replacement low energy lamps, spots and tubes; skip hire for the removal of chains; shower controls.

Impact on the club: to reduce fuel and water used; reduce waste and remove chains - has all been successful.

On going is the fuel and water monitoring - displaying the results to the membership.

Over the past two years the RYA has given us a grant of £1800 to help towards the sensors in the changing rooms and the low energy replacement bulbs throughout the club. The final report for this project was sent off to the Green Blue section of the RYA.

The project manager was David Vines.

With thanks to The RYA Green Blue Project for your support

Margaret Hyde

### FOUND AFTER DINGHY WEEKS

I have an expensive virtually new **SAILING TOP** which was found at the club after dinghy weeks.

It says size 8 so it's either small lady's or a strange child size.

If it's yours, you must be really missing it now it's getting colder and whoever paid for it (Mum?) will be very cross.

**PLEASE CHECK YOURS IS NOT MISSING.**

To reclaim it please email me: [sue@ellisdesign.co.uk](mailto:sue@ellisdesign.co.uk)

## WHAT DO THE TRUSTEES DO?

As you all know the day to day success of Hill Head Sailing Club is built upon all the volunteer duties that you all do. Most of you will also realize that the organization and management of these activities eventually derive from the Sailing and House Committees. There is also a Management Committee to which each of the above committees along with other officers of the club report on a regular basis. This Management Committee also acts as the face of the Club to the outside world.

### **BUT what do the Trustees do?**

The above volunteers and Committees generally concern themselves with the day to day running of the club. Although the 3 Flag Officers are only allowed to stay in each post for a maximum of 2 years they often move from Rear Commodore to Vice Commodore and finally to Commodore so often are running aspects of the club for 6 years. During their time in office they also take an interest in the longer term future of the club by for instance progressively updating 5 year plans etc.

The Trustees on the other hand are tasked with looking after the club in the long term and ensuring that it is run for the benefit of all of its members. As such the trustees are elected in a General Meeting and remain in office until death or resignation or until the Members in a General Meeting remove any or all of them (see Rule 15.1). They are therefore usually long term members of the club who have taken an active interest in the history and the future of it. The current Trustees have been members of the club for a combined total of 120 years and have served on a variety of committees and are still active in sailing and social aspects of the club.

The Trustees are ex-officio members of the Management Committee and do not normally have a vote unless specifically requested to do so on an identified issue by a majority of the Flag Officers (see Rule 15.5). They also receive copies of the Minutes from each of Sailing and House Committee meetings so they are well informed about what is going on in the club.

The current Trustees attend most Management meetings. Although not having the right to vote this does not stop them having a view on any topic under discussion and expressing that view and possibly influencing some of the other members in the way they vote. Similarly it is not unusual for newly elected Flag Officers to seek advice on aspects of their responsibilities from the Trustees.

The primary duty of the Trustees is to hold in their names the property of the Club, it is their signatures that are on each of the leases that the club have for the different aspects of the property (see Rule 15.1).

That is the lease for the Club side land from Fareham Borough Council and for Spit side and harbour from the Hampshire County Council and each of these are for at least 21 years. If the membership should decide to wind up the club (heaven forbid) then it would be the trustees who have the responsibility for that winding up process and returning the assets to their original condition and returning any outstanding funds to the membership.

A very much more pleasant aspect of the Trustees responsibilities is to safeguard the interests of all members and to this end we are always available to hear pleas to represent any minor interests that appear to be ignored which if deemed reasonable we would present to the Management Committee.

Bob Stringer

Tom Mason

Bob McManus



### RYA Principal

**Matt Gibbs**, RYA Principal  
[Rya@hillheadsc.org.uk](mailto:Rya@hillheadsc.org.uk)



So we're reaching the end of another packed sailing season, and with the exception of our final Oppie session for the year our training team can now take some well earned rest from the practical side of things for a couple of months. It's been another successful year in terms of numbers taking part in training activities, but it's been an even more successful year in terms of numbers taking part in general racing and sailing activities. This is the primary reason why our instructors give up their time – we're not a centre where we'll never see our clients again, we're a club where we train to help build and develop participation and skills.

Participation has also increased this year in the more advanced racing offered at our Open Meetings programme. The number of home boats taking part has increased substantially, to the credit of Class Captains, coaches and organisers of our squads for helping to achieve this through building a close knit group. Never more so is this evident than in the mirror fleet, which is now a strong and vibrant section at Hill Head making up the majority of entrants in our recent open. Taking part in these types of events is VITAL to moving your skills on from the localised training we are able to offer here. Taking part in Open Meetings will allow you to access class specific training (usually the day before) from class coaches, and I guarantee at these sessions you will learn a lot (I have). So if anyone is looking for a resolution for next year, I would say that making time to sail elsewhere and following the regional travellers to other clubs will be a great way to enhance your skills.

One last topic I want to cover is the use of helmets. Whilst for our younger members these are compulsory when taking part in training, for older members or for general sailing they are not. There are pro's and con's in relation to wearing a helmet, but the RYA makes no specific recommendations on wearing them for a variety of good reasons. If a helmet is made compulsory, then on any occasion when the wearer does NOT wear a helmet, the risk of contact with the boom is significantly increased due to the "comfort blanket" that is usually present not being there. The best way to reduce long-term your likelihood of injury is to practise your tacking and gybing timing – your stance and movement across the boat here is key, so try lots of quick ones in succession. It'll never eradicate risk but it's the best method. If you aren't confident about your abilities yet, then we do have helmets big enough for most heads, so please consider wearing one whilst you develop your skills.

 **Matt Gibbs RYA Principal**

HH

## Hill Head Sailing Club

### Laying Up Supper 2010 At HMS Collingwood, Fareham

Saturday 13th November 19.00 for 19.30

### Menu

**Seared scallops with crunchy Black pudding served with a Raspberry & Balsamic Glaze on a bed of wild Rocket**

**Cannon of lamb with a sweet Mint & Redcurrent jus  
New potatoes, fried sprouts,  
Buttered Honey Roasted parsnips & carrots**

**V Mediterranean Roasted Vegetable Wellington -  
served with a light cheese sauce.  
Seasonal vegetables & potatoes**

**Chocolate pyramids  
Filled with White & Dark Chocolate Mousse  
Served with a Mango couli & Chantilly Cream**

**Cheese and biscuits**

**Tea and coffee and mints**

**Half a bottle of wine per person**

**£40pp Cadets £20pp (18 years and under)  
Cash Bar 19.00 to 23.59 hrs**

**Closing date for list Sunday 30th October**

Any queries to Joan Buckland (Volunteer member) to  
[Buckland5@ntlworld.com](mailto:Buckland5@ntlworld.com)

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## WELCOME ALL NEW MEMBERS



Please do remember to look at the website

<http://www.hillheadsc.org.uk>

for information as well as reading all the 'small print' in Mainsheets.

The magazine is dependent on articles/items of interest from

**ALL** members, not just the committees.

### New members since July 2010

David, Julie, Fleur, Jack & Jon Bailey  
Andy, Karen, Lucy & Jamie Bushnell  
Shaun, Natalie, Millie & Charlie Roper  
Andrew, Philippa & Kyle Cox  
Miss Nicola Weager  
Martin, Catherine, Sian & Luke Watson  
Richard, Catherine, Evie, Layla, Freddie & Ralph Warin

Mrs Pam Vincent  
Mike & Wendy Budgen  
Peter & Julia Taylor  
Michael & Renata Lister  
Max, Jane, Amy & Chloe Barr  
Mr Martin King

## AUTUMN DARTS TOURNAMENT, INTER-CLUB DARTS, INTER-CLUB SNOOKER AND SPRING POOL TOURNAMENTS

The in-house Darts is well underway and should be finished before Christmas. Tony Provis 01329 665774 wishes to hear from members wishing to play Inter-Club Darts.

News about Inter-Club snooker always played on two full size tables at Lee on Solent SC will soon appear by general email and we are pleased to hear from potential players.

Towards the beginning of December I shall be seeking entries from members wishing to play in the Spring Pool Tournament to begin early January and finish before Easter.



The team to beat!  
**HILL HEAD POOL  
TOURNAMENT CHAMPIONS  
IN APRIL 2010**

**OUR CONGRATULATIONS!**  
*Commodore Luke presenting to Tony Provis, Mark Bee, Captain Les Fish and Kevan Plant  
David Webb who helped the team reach the Finals could not be present on the evening.*

Please ask me about any of this. Brian Wild 01329 662831

## FANCY A FOOTY?

These tiny little 12" long home built models yachts are the cheapest and most interesting way to get into sailing.....

With a minimum of class rules these little Radio Controlled two channel model yachts can be constructed on a shoestring with virtually no restrictions on the type and style of rig.

The hull can be of any size or configuration provided it and the centre board fit into a box, 12" x 12" x 6"

Hulls can be made from any type of material ranging from Balsa wood to drinks bottles cut in half.

The fixed dagger board is normally weighted down with the addition of a small 5/6 oz fishing weight epoxied onto the bottom, the spars can be made from dowling, the sails from a large plastic bag and the whole lot is controlled by a cheap two channel RC Transmitter and Receiver with only two servos allowed to control the rudder and the sails. With some ingenuity and some lateral thinking, you can get a "Footy" sailing for under £40.00 and that includes the purchase and installation of the RC gear!

Have a look at the "Footy" website at: <http://footy.rcsailing.net/> and also follow some of the links.

There are a few so called "professional" models, but the majority have been constructed as a fun exercise and a challenge!

Have a cruise through the photo gallery to get an idea what this is all about and have a look at the "plans" box where free downloads of the plans for some easily built boats are available. I am currently building two identical Footys, Razor 3's, whilst temporary domiciled in Spain, and they could well be coming back with me on my return to the UK in December.

If there is enough interest in this project, your Commodore, Luke, is looking to promote a Footy event in the harbour between Christmas and the New Year, with suitable prizes..I know we have several keen model Yachtsmen within the Hill Head SC membership, perhaps they can make themselves known to Luke and lend this project their support, and their considerable expertise.

David Perkins Email: [David@Photokall.com](mailto:David@Photokall.com) for further information.





## Retirement - Plain sailing?

There was a time when financial planning for retirement was fairly straight forward. Most people expected to receive a pension from their employer and something from the State when they reached 65 although now the age has been moved towards 68.

Times of course have changed and most people now have a mixed bag of old pension arrangements, perhaps a personal pension or two, and maybe they've contracted out of part of the State Pension. They might even have retired and deferred their pension benefits until they need them.

The government has changed the rules, which means you do not have to purchase an annuity when you retire and need to take an income from your savings.

This all means that NOW is the time to take Independent Financial Advice if you want to know exactly what retirement will mean for you financially. We offer a retirement analysis service that will help you to decide just how plain sailing your retirement might be.

Jim McIntosh  
The Certus Partnership  
5 Funtley Court, Funtley Hill  
Fareham, Hants, PO16 7UY

**T:01329 822322 F:01329 822324 E:info@certus-partners.com**

The Certus Partnership is authorised and regulated by  
the Financial Services Authority

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RNLI

CHRISTMAS CARDS

CALENDARS

DIARIES ETC

ON SALE IN THE CLUBHOUSE

12 NOON - 2.00 PM

SUNDAY 24 OCTOBER AND SUNDAY 21 NOVEMBER

PLEASE SUPPORT YOUR FAVOURITE  
SEAFARING CHARITY

Happy Christmas Everyone!



## BUSINESS ADVERTISING in MAINSHEETS

Cost for one page £40.00 or pro rata for a smaller area  
Each advertisement will be charged per issue.

Please send any advertisements you require in the same way as, and in time for, copy for each issue - Include a picture or Logo if desired.

**N.B.** A preview PDF can be sent by email but if you need a postal copy please send an SAE with your request, allowing enough time for preferred alterations

*Please contact the editor **BEFORE** paying  
Payment will be due in advance, cheque payable to HHSC and sent to The Treasurer at HHSC.*

## FREE - ADS for CLUB MEMBERS

If you would like to place an advertisement for boats or equipment in Mainsheets, please check the copy date and send to the contact below. Free-Ads can also be shown on the website, members page should you wish.

**Disclaimer** - Whilst every effort is made to ensure accuracy, those concerned with the preparation of this magazine cannot be held accountable for errors or omissions in editorial matter or advertisements, or the actions of the advertisers.

The views expressed on these pages are not necessarily those of the individuals who prepared the document.

**N. B.** Your name and address can be withheld at your request but an anonymous article will only be published at the discretion of the editor.

## COPY DATE FOR THE NEXT ISSUE

**Monday 10 January 2011**

Please send items for next Mainsheets

**E-mail:** editor@hillheadsc.org.uk - **Post** to the address below

**Fax:** 07092089182 **OR** leave in the Clubhouse

Editor Ann Perrett . Auburn Lodge Crampmoor Lane . Romsey SO51 9AJ

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Sailing / Training / Opens / Socials / Cruisers

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## 2011 PAYING-IN NIGHTS

FRIDAY 7<sup>th</sup> JANUARY

WEDNESDAY 19<sup>th</sup> JANUARY

THURSDAY 13<sup>th</sup> JANUARY

THURSDAY 27<sup>th</sup> JANUARY

From 7.30 pm to 10.00 pm

We would encourage **all** members to use the paying in nights as a preference – it **really** does help the Club save on man hours and postage costs!

**So why not come down and have a drink with other members whilst paying your subscription and finalising your mooring/dinghy parking arrangements?**

We look forward to seeing you.

Please bring your renewal form and membership card with you

## HHSC ANNUAL GENERAL MEETING

**SATURDAY 04 DECEMBER 2010 15:00 hours in the clubhouse**

All members of the club are invited to attend.

**Do please attend if you can to support the club and voice your ideas/concerns for discussion.**

**Send your items to the secretary at [admin@hillheadsc.org.uk](mailto:admin@hillheadsc.org.uk)**



**To join contact:**

Hon. Membership Secretary - Sue Davis 07971 784616

Email: [membersec@hillheadsc.org.uk](mailto:membersec@hillheadsc.org.uk)

**October  
2010**

Hill Head Sailing Club . Cliff Road . Hill Head . Fareham . Hampshire . PO14 3JT  
01329 664843 Email: [admin@hillheadsc.org.uk](mailto:admin@hillheadsc.org.uk)