

April 2011



Haven Working Party doing a sterling job!

Thanks to John Wardale for the photo.

Issue 85

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SOCIAL DIARY 2011

All start at 19:30 hours unless given otherwise

23 April	St George's Night Supper
21 May	Social or Commodore's Night
18 June	Salmon & Strawberries
16 July	Social
17 September	Social
08 October	New Members Evening
12 November	Laying Up Supper
26 November	Annual Prize Giving
03 December	Annual General Meeting 15:00
10 December	Carols & Christmas Songs
17 December	Children's Christmas Party TBA
24 December	After sailing Mulled wine & Mince pies
25 December	Bar open for Christmas drinks 12-2pm
31 December	New Year's Eve Party TBA

Coffee Mornings 

Hilde's very popular Quality coffees
 The First Tuesday every month at 10.30am
Hope to see you there!

Don't forget to keep looking at <http://www.hillheadsc.org.uk>

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I am looking for a web-savvy sailor to do a few hours a week, in their own time loading news events on to Sailing Networks. If interested do please contact:

Lesley Fitt: lesley.fitt@sailingnetworks.com



Don't forget to keep looking at <http://www.hillheadsc.org.uk>



Commodore Luke Morrison

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The Sailing Season is now underway and it is great to see members coming to use the Club, so with the Fixtures calendar also in full swing, I am please to see the club is off to another great year!

Tom Booth, a very long standing member of the Club has sadly recently passed away. Many of you will remember Tom for his work on Cedric the race computer and for his many years of dedicated dinghy sailing and commitment to the Sailing Club.

With the renewal period finished and complete 15% of the previous membership did not renew this year. There are several reasons for this as the survey shows: there were some members who did not use the club; did not wish to do voluntary work; or for financial reasons could no longer join the club. This change in membership has given a great opportunity to gain much needed dinghy parking spaces which the Sailing Committee are using to the full. You may ask if this will this mean the club is quieter – certainly not, the club activities in Sailing, Training, Racing and Social events are all fully subscribed and the Racing fleet numbers in particular are huge!

Welcome to the new members who have joined since January. We also welcome new boats to the racing fleet in the Scorpion Class; a whole new fleet for Hill Head, but it is also good to see the Laser and other Fleets bolstered with new members. I think the Large and Small Handicap fleet will truly benefit from these new boats and I hope you are excited by this prospect.

The Sailing Committee is full stream ahead organising your Sailing and Training activities. Already I note the members coming forward for participation in our various Start Sailing, Race and Skills squads this year. Those of you participating will benefit from these hugely, so the volunteers giving you the time should be thanked for the time they have given up.

The House Committee are progressing well ensuring the house functions run smoothly. I enjoyed attending the excellent Fitting out Supper organised by Anne Knight and Manda Dominy. This event really did put our Fitting out Supper back on the map! Truly a great event. Thank you Anne and Manda and your usual dedicated gang!

The Haven Committee under the guidance of the Harbour Master have also had a series of working parties which has seen replacements made to the Spit Side Groynes and Chains in the Harbour. Although this is an ongoing process for the Harbour Master I do thank all those members who have participated in this important task.



It would seem some members still believe that Hill Head is a haven where you can expect prices for food and drink to remain at the same prices for ever! Like others we are affected by the Government budgets and so we need to keep inline with the increased cost of food and wholesale costs of drink. The members agreed the annual income surplus that club functions should make, so the committees are only carrying out the task they have been given the mandate to do. If you want to moan, do try at the AGM.

The club's social events are an important part of members' socialising and utilizing our club in different ways other than sailing. It's a great way in which you can meet new people and I fully encourage **NEW MEMBERS** to come along. The usual way you sign up for these events is via a list behind the bar. The House Commodore is very good advertising these events so just look out for the emails and also advertisements in the club house.

Management Committee Business

I am pleased to report that the Club has appointed a new Club Safety Officer. Dave Pinhorne has offered his services and has already started doing this role as a co-opted member of the Management Committee. The Club Safety Officer is very important to ensure that we maintain our excellent standards.

We still await an update from Hampshire County Council regarding the Spit Side Lease but coming soon - He hopes!
Many members will be wondering about the Shingle Bank. Following discussion with the Contractor we use, there is no availability this year to be able to do this, but I can report that the hard standing area on the spit side will be completed during this summer. Cruisers will be able to enjoy an all year round area for bringing out their boats.

The Management Committee, with members input, is working on a new Club Development Plan. This is key to the advancement of investment and evolution for the sailing club; without one it is difficult to get you to see the future vision of the committees. Indeed without this future vision, it is very difficult to obtain the never ending pots of funding from the RYA and organizations such as Sport England and the National Lottery. You may see more on this subject in the near future and at the next Annual General Meeting.

Lastly, we are now looking to centralise our Volunteer coordination activities. With a number of tasks involved such as looking at what the members have volunteered to do; ensuring that information is used properly with the roster organisers; monitoring the duties to ensure members are equally and fairly doing their share and of course looking at initiatives that help retain volunteers. These are all tasks which I feel now can be done by one person and with the Management Committee I am looking to centralise a Co-opted role for a member on the management Committee.



What else...

Mainsheets from time to time does show some interesting articles and information and this time is no different. You will note an article from Tom McDowell relating to when he and his brother were very much a part of the Dinghy / Windsurfing Activities going on at Hill Head. The article, which I hope you enjoy reading, is relating to a Windsurf trip across to the island! A great little read with some interesting photos.

I also ask you to make note of Brian Wild's comments regarding Club Windsurfing this year. A good opportunity for those of you wishing to get into another great form of Sailing. (See page 14)

I have spent much time recently taking part in activities at other Sailing Clubs, Commodores' evenings and attending Qualifier Sailing events. It is always very interesting to see how other Sailing Clubs work. One thing is certain, no one sailing club works in the same way and it is intriguing to see this. I will say though, our own standards are far beyond what would be expected of an average sailing club. It is fantastic to see what volunteers do to ensure the quality and integrity of what we do at Hill Head! I am proud to be a part of HHSC and you should be too!

Lastly I wish to thank all those members who are now taking part in giving time back to the Sailing club in order for us to run smoothly. The Roster organisers seem to have it working nicely and I am pleased to see that the historical friction areas seem to be running far better. Volunteers are key to the success of Hill Head and that means you. Thank you for all you do and thank you for being a part of everything we do.

Any questions, concerns, ideas or you just want a moan then give me a call or send me an email or of course nothing beats grabbing me down at the Sailing club.

Luke Morrison, Commodore

Andy Martindale Club Boat Bosun club-boat-bosun@hillheadsc.org.uk

In the last month all picos were checked and the Wayfarer was tested during the instructors course and passed with flying colours. Oppies, Teras and Toppers are all scheduled for post winter checks before their squad sessions in April. Overall, the winter was kind to the fleet and apart from some tyre changes and cover repairs, general maintenance has been minimal. With the usage now increasing, please can I ask for the dinghies to be left as found, especially ensuring the covers are replaced properly and edges - such as masts etc., do not push sharply against the covers.

Finally, following the latest committee meeting, it has been agreed that **club boats can be reserved no more than 2 weeks ahead.**

Andy Martindale 



Vice Commodore (Sailing)

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You would think that during the winter, life at the Sailing Club is very sedate, only the very brave go out in dinghies, during January and February! However, both your Sailing Committee and the members have been busily working during these dark winter evenings to plan and be ready for the new sailing season.

Lets look in a bit more detail at what has been happening.

We have run a PB level 1 Course, a Level 2 Course actually split and run over 2 weekends and a Safety Boat Course. Well done to those who have obtained their Certificates and thank you to all the instructors who provided the training, at times, braving some very cold conditions.

Two 1st Aid courses were run, one over a weekend and the other on 4 weekday evenings. A very good number of members have updated their certificates. Thank you to Pam Davies and the Training team for running these courses. It is very pleasing to see the number of members ready to do this training.

We had an enjoyable evening when Chris Watts of the RYA, once again came to the Club and gave us a session on 'Illegal Propulsion'. It was well attended and very well received.

Two refresher evenings for Race Officers and assistants have been held and it was so good to meet up and get ourselves ready for the new season, to talk about changes for this year and just to talk about racing.

In addition I am delighted that one new Race Officer has come forward to join the Race Team roster and 5 new Assistant Race Officers, 4 of whom have slotted into the Race Team and one on the Standby Roster. We held a training evening for them in February.

This year we welcome (or welcome back) 6 new Safety Boat Cox's.

There are numerous other new names appearing on the Sailing Duties Roster this year. I thank you all for being willing to undertake duties, whether you are in a Race Team, or helping with the running of Courses, Squads, Onboard, Oppie Sessions, other Training/Coaching sessions, or our Open Meetings. It is such a help and ensures that the programme we have put together can run smoothly, with such competent crews assisting.

7 Much work has been carried out in the Haven by a large number attending the Haven working parties. These continue into April, so please keep up the very good work.

We held a pre-season Dinghy Park working party. I think we had a record number joining in. A programme of work was devised by Simon Jones. It was fantastic; the numbers attending helped us achieve the list of tasks on both Club side and Spit side in a few hours. It was very good to see new faces joining the regulars. Thank you all for that was achieved.

The Club RIB's have been serviced over the winter and some fabrication work carried out on launch trolleys, to improve the nose wheel housings, which should ensure that the tyres and inner tubes do not suffer the damage that was experienced last year. I ask you to do all you can to support Rob West and Rowan Wiltshire, our Bosun and Assistant, by reporting damage to them, as it occurs. That way hopefully we can attend to repairs more speedily and ensure that the RIB's remain in service over the very busy summer period.

Andy Martindale continues to be very pro-active in looking after the Club Dinghy fleet. I thank him and his team for the work they do pre-season to get the boats ready and during the sailing season to keep them in good condition. Again, I ask that you help him in his work, by letting him know if problems or damage occurs.

My thanks go to the Training team, who have done much work to be ready to carry out the planned training. The RYA Adult Level 2 course, which will take place over Easter, has a good number of applicants. We also have sailors planning to attend a Dinghy Instructor Course and an Assistant Instructor Course.

We once again held an Instructors evening on Friday 4th March, thank you those who attended. It was good to meet together and share what is new, what is coming up, and talk about the forthcoming training schedule. Thank you to Matt and his team for running this evening.

The work that the Instructors carry out is vital to enable our youngsters and adult learners to progress. The Youth structure at HHSC is fundamental to our future and the work carried in this area can never be underestimated. Thank you.

So after all this we have started seeing dinghies out on the water, and racing! It was lovely that so many of you took part in the New Year's work out race on Saturday 5th March; 21 boats came and raced, fantastic!

The Early Bird Series has been completed, so we now we are on to the Cuckoo Cup, I am confident that as the weather and the sea temperature warms, this will encourage more and more of you to be out sailing.

It is great to see such a variety of boats taking part already and very good to welcome new members to the club, who are already very active.

Some new initiatives to remind you about.

We have scheduled a number of Novice/Junior races into the calendar and these have already started. The aim of these is to encourage novices of all ages to race, but separate from the Large and Small Handicap fleets.



These Novice/Junior races will allow you to experience and practise racing and starting procedures, without being in proximity to a large number of boats. The aim is to allow you to increase your confidence, so that after a while you will feel confident to join in with Club racing.

Another aim is to promote the social aspect of racing and Julie Thorpe will be available to meet up with likely participants in the Club house, on the Friday evening, prior to weekend of these races. It will enable you to arrange a crew if needed and start to feel that racing is a very sociable and fun thing to be doing. Either Julie or I will be very pleased to answer any questions you have on this.

Scheduled into the calendar are a number of Powerboat refresher sessions. By having these we aim to allow drivers to practice their skills, both with and without an Instructor. The first of these sessions has taken place and there was a good attendance. Andrew Knight, Chief Powerboat Instructor will give details of further sessions as they occur.

Finally, there are a number of members who carry out specific roles at the Sailing Club, who I have thanked in this column. There are many others who carry out a range of tasks, some small, some larger, without whom the Club would not run as efficiently as it does. I thank you all for whatever you do.

I look forward to seeing you at the club and you will have a very happy and successful time in all that you will do on the water.

Chris Clarke, Vice Commodore Sailing

"Salmon and Strawberries - is now well established on the club social calendar as the first event of the summer. This year it is on the 18th June - hopefully when summer and the strawberries arrive! Last year was going to be the last time I organised it, but with changed holiday plans meant I can do it one more time.



We are very lucky to have a volunteer to take over running it in future so it will stay in the calendar.

A lot of the success of this event is the enthusiastic effort put in by our super cadets and this year will be no exception (cadets - here's a broad hint!). Oh!... there will be another, different quiz with a prize this year, very much easier than previous quizzes and there will also be some fun with numbers.

Salmon and Strawberries is usually a sell-out. The list will be put up behind the bar on 27th May for members to come on down and sign up (with payment). With VAT up from 15% to 20% this year and some inevitable cost rises, regretfully the price is now £16.50 each. See advertisement on page



Rear Commodore's Jottings

David Pearce

Rearcommodore@hillheadsc.org.uk 01329 662368



No sooner had the last edition of Mainsheets popped through the door than I received a call from a member of the House Committee asking if he had been bumped off the committee whilst he was away on holiday!!! Unfortunately in my opening paragraph in the last edition I omitted to include Peter Aspin as a member of the House Committee – Oh dear another grey moment – Peter is of course the House Committee Secretary.

As we all know life is full of difficult decisions. Mine recently was “do I go skiing or do I go to the Fitting Out Supper”. Tricky one that, but I suspect you can guess which way the decision went. By all accounts it was a great evening and our thanks must go to Anne Knight and Manda Dominy and their helpers for laying on such a wonderful evening.

Decisions, I suppose, is a theme. When we fill in the renewal form at the beginning of the year we have to decide how we would like to assist the club. I am pleased to say that many members have chosen to assist on the bar or lunch roster and for that please accept the House Committee's thanks. In fact, thanks go to all members who have volunteered to assist with house matters. Unfortunately there is a bit of an imbalance. The bar and lunch rosters are reasonably well served, we could always do with a few more for each roster though, but we lack volunteers in other areas where there is a particular need and have a surplus of volunteers where the need is minimal. Only four members have volunteered to assist with catering at Open Events whilst over 70 have put helping with one type of maintenance as their first choice, with a significant proportion of those also putting assisting with other types of maintenance as their second and third choice. We really do not need that many on maintenance but we do need more to assist the couple of dozen who have volunteered to help with both Social and Open Events. A mail shot to those 70 members asking for more assistance with something other than maintenance elicited only two responses of which one has volunteered to undertake bar duties. Decisions eh! ...Tricky.

Have a think about it; assisting with catering at Open Meeting is not onerous – bacon butties and coffee in the morning followed by receiving and setting out the food from the catering contractor post racing. Assisting at social events is not onerous either – lend a hand setting up the room late afternoon and maybe assist with washing up during and after the event. Members attending events always assist with putting tables and chairs away and resetting the room. All straightforward stuff really and a great chance to showcase the club at Open events and meet members at the social functions. Give me a ring if you can help out. Nevertheless the House Committee will ensure that all members enjoy the benefits of the social side of our club.

indicated this was still the case. Another stock take has recently been undertaken and the result is expected before the end of the month. At the AGM I advised those members attending on the actions being taken to bring the return to where it should be. I told the AGM that there was a slight problem with the cooler earlier in the year when a fan failed and then a valve on the cooling system was found to have been partially closed. Both these faults were rectified and more recently the water in the cooler tank was changed as an ice block was not forming correctly around the cooling elements. The ice block is now properly formed and all is well. In addition Greene King cellar service attended a little while back and undertook a thorough clean of the beer delivery system. Advice was also given on the subject. This action has reduced the losses caused by frothing and un-chilled beer, but unfortunately there is still a difference between what the bar return should be and what it actually is.

In addition to work on the beer delivery system we have standardised the glasses in use at the bar. There are three types of half pint glasses, one type of measure marked wine glass and two different types of spirit glasses. The reason for the purchase was to eliminate the possibility of half pints being poured into an over size glass and to eliminate over measuring wine. The House Committee have recently considered two suggestions from members with respect to bar operations. Immediately after the AGM one member suggested that we should no longer pour club halves as the half pint invariably was well over that amount which, along with any other over measuring, will contribute to the loss shown on the stock take. The committee, after some discussion, decided not to go down that line, but instead decided that we should ask members to refrain from asking for club halves. Over measuring does mean you get more than you paid for and does contribute to the difference in bar returns. The other suggestion from a member, considered by the House Committee, was to close the bar at 2200 on certain nights of the week. Following discussion the committee decided that bar opening hours should remain as they are at the moment. However they also decided that bar officers should be able to decide to close the bar early if there are no members using the bar.

I know we have all heard from the government that we are all in it together – well for the club's part we are in it with respect to changes in VAT. The increase to 20% has meant that we have to increase the price for some products sold at the bar. As far as possible we have tried to ensure minimum impact and have been able to hold price rises to beers and wine. The next stock take will indicate if our action has been successful. The House Committee does submit a budget for approval at the AGM and our return does help to keep the club operating. Remember you can't buy boats and pay bills with a percentage, it requires money.

As we did last year we have a few social events marked on the calendar but without a theme. Can you help – do you have an idea you want to propose?

Please give me a ring or drop me an e mail.



Jo Salsbury, the cadet rep on the House Committee, is, along with his opposite number on the Sailing Committee, planning something for the cadets during dinghy weeks. He is also looking to organise combined cadet sailing and social events when the lighter evenings and warmer weather arrives. As the sailing will be over and above those detailed on the calendar he would like some assistance from members who could give up a little time in the evening to man the race box and safety boats. Please contact me if you would like to lend a hand.

Sarah Le Rougetel who looks after security at the club is, on behalf of the House Committee, planning a change, in the near future, to simplify the current arrangement. Because the new key fob entry details who enters the club and when we no longer need individual codes for those members ("B" key holders) who need to gain initial access to the club beyond the foyer and changing rooms. We will in the near future be issuing group codes to those members who have a "B" key. In this way we can remove all the old codes from the system. Security will not be at all compromised and our insurers are more than happy with what is planned. Those members affected will be told in plenty of time to ensure the changeover runs smoothly.

Finally may I ask that you come down and support the social side of the club. The bar is open every evening and at lunchtime at the weekend when lunches are also served. The bar prices are the lowest you will find anywhere, the food is prepared by club volunteers, the view over The Solent is spectacular and a warm welcome awaits you.

That's all for now. Remember that you can always contact me by phone on 01329 662368. I would prefer a call rather than email as I don't read mails every day. It must be an age thing!!

David Pearce Rear Commodore

WELCOME NEW MEMBERS

Joined since January 2011

Bradley Field
Joshua Copsey
Sam Frampton
Michaela & Archie Ives
Kerry & Ian Morgan
Helen Audsley
Beth Fieldsend
Brenda Hoult
Richard Searle & Lucy Edge
Howard & Erica Walker

Steve, Sarah Cockerill & Harry Kennedy
Ryan Buchanan & Hannah Burke
Guy Revill & Emma Warburton
Dan Waddup & Rosa Figueiro
Rachel, Rebecca & Ben Lundy
Mark Sterling, Mary-Ellen Harvey, Robert & Michael Sterling
George, Julie, James, William & Amelia Gardner



HARBOUR MASTERS REPORT

John Wardale Harbourmaster@hillheadsc.org.uk



Well after a cracking start to the beginning of the year, my working parties have been in full swing. One major task was replacing nearly 70 feet of groyne on the spit side - it was a mammoth task digging out the shingle and replacing various new boards plus a few 4" posts. It was pointed out to me later that it hadn't been done for more than twenty years!



Many thanks to all who attended. Nearly all the groynes on the spit side are in good shape. Another task that was overdue was to replace the Alston mark with chain and a new replacement buoy has been added courtesy of Portsmouth Harbour - very generous.

At the moment we have removed the black start line post, as it was found to be very rusty. Two replacements are on order, I will need a team to put them up once they are painted. I have had

some replacement posts made to fit the number of buoys for the club so many thanks to Graham Samuda for all his efforts.

Finally I have laid a mark to seaward between the start line, it should be suitable for all Cruisers and dinghies - it has a ground anchor for added strength.

Recently I finally got round to putting the finishing touches to the Moorhen's side windows and added new seals also. A Vhf set has been added and new replacement mast so the boat can be used for a variety of activities.

Many thanks to the two teams that worked tirelessly in the haven; one team was replacing part of the quay wall at the slipway on the spit removing rotten timber. The other team was removing and replacing 80 feet of ground chain that was back breaking work we still had a few members who were stuck in the mud.



Thank God it was nice weather it made it easier to work. I believe we were all exhausted having walked around in the mud. We also recovered some odd lengths of old chain. All bridles were checked and replaced as necessary. Hopefully by the next working party we should be able to replace all moorings to the east end (spit side) of the harbour.

Finally I'm in the process of updating the triangulation marks, all ropes and weights will be done as part of a rolling programme so they are up to date. As some haven't been overhauled for many years!! John Wardale Harbourmaster.



USE OF CLUB WINDSURFING KIT FROM EASTER THROUGH TO SEPTEMBER

The club has two boards being the Starboard Start at one metre wide and the more progressive 293 BIC, width 79cm, donated to us by Ian Martindale now with two complete rigs enabling both boards to be sailed afloat at the same time. This kit is selected as ideal for learning.

The main purpose of this facility is to make a provision helpful to club members who wish to extend their sailing knowledge and skills to include proficiency in windsurfing.

Last year we formed a team of experienced windsurfing members offering direct member to member advice and we hope to be able to offer similar this season. The member beginning in windsurfing is not alone.

To obtain a full set of information including a schedule of ideal weekend times and dates please email me.

Brian Wild Tel: 01329 662831 Email: bpw2007@waitrose.com

Assistant Instructor Course

7 students started an assistant instructor course on Saturday 27 March. They spent the day learning the RYA method for teaching sailing and practised giving mini-lessons.

The standard of the talks was extremely high. The new assistant instructors will be teaching in the youth and adult courses.

Margaret Hyde



RECAP of SPONORED WINDSURF EVENT – JULY 18 1981 !

Background:

1981 was the 'International Year for The Disabled' so a few board sailors in Hill Head were approached to see if we could arrange an event to raise monies for a local charity.

The local Parkinson's Disease Society was chosen, as a neighbour of one windsurfing family was sadly afflicted with the disease (Arthur Morton seen standing behind former Fareham Mayor in photo - daughter, Heather Morton is an HHSC member, keen sailor too)

The Event:

A windsurfing regatta seemed rather tame and local clubs then were not as supportive sadly of the sport (a separate 'club' was even attempted – see attached, so a long distance event was decided:

To the IOW and back (from Hill Head) - the landing on the IOW was chosen as the beach at Osborne House, East Cowes – with special permission granted from Prince Charles – then an avid windsurfer.

Each participant would be in charge of getting sponsored for each mile successfully sailed (without assistance).

Perpetual trophy was to be awarded to the participant who completed the course and who raised the most money.

Word went out, logistics sorted and interest quickly grew. Private / corporate sponsors stepped in to help. Inshore Rescue / Coastguard and Channel Ferries were notified (Ferries in fact decided to reroute their fleet for the day).

It was soon realized that along with supporting a great cause, interest in windsurfing in the village of Hill Head itself would also result.

Outcome:

Event was a success - the attached articles / photos summarize the day. The Sports Editor (Howard Frost) of the Portsmouth News has cleared HHSC to reprint their articles (which are those having photos inserted). Other typed articles are from unknown sources or publications no longer in print. Separated photos are from my 'private collection' (HHSC can use as they feel fit). Trophy was donated (I believe) back to Hill Head and resides at HHSC now.

Tom McDowell - Overseas Member - BC, Canada and brother of active HHSC Dart racer Bob who can confirm whereabouts of above noted trophy too.

P.S.

I should have mentioned more than half of the participants were not wearing a harness. It would be nice to see the younger members say 'hey, let's do something like this for *such and such* charity'. So much easier today to organize this type of event



Hill head sailors who crossed the Solent on Saturday to raise money for the Parkinsons Disease Society.

All on board for charity

There were still some aching muscles today for the 29 sailing enthusiasts who crossed the Solent for charity at the week-end — on boards.

Experienced board sailors from the Fareham and Gosport area took up the challenge to make the eight-mile round trip from Hill Head to Osborne Bay, Isle of Wight, and back again to raise funds for Fareham and District Branch of the Parkinsons Disease Society.

One person who did not get to the starting line, however, was Prince Charles. Event organizer Mrs. S. McDowell wrote to the Royal sailor asking if he would like to take part.

"He declined, having other matters to keep him busy at the moment, but he sent us his best wishes," Mrs. McDowell told *The News*.

About half the starters completed the two-way journey, despite difficulties created by the

tide and wind, which made a direct crossing almost impossible.

Others managed almost to reach the island, before turning back. Two who got to Osborne Bay surrendered to tiredness on the way back and were taken in tow by rescue boats manned by Captain R. Withinshaw, of Portchester, and 14-year-old Richard Cook.

SPURNED

The only real drama of the day was provided by Mrs. McDowell's daughter, 19-year-old university student, Lucy McDowell. On the outward run, she was swept a mile off course, but spurned the assistance of rescuers and made her own way back to Hill Head.

Her sister, Maggie (22), aiming to be the first woman in the group to reach the island, was forced to turn back, less than two miles from her destination. But brother Tom (20) successfully completed the round trip.

The sailors hope to have raised more than £500 from their sponsors for the event.

**THE
UK BOARD SAILING
ASSOCIATION NEWSLETTER**

SEPTEMBER 1981

RACING TO THE ISLAND

A sponsored boardsail to the Isle of Wight was held on the 18th July to raise funds for the Fareham and District Parkinson's Disease Society.

The day was sunny and warm with force three to four north-westerly wind as the twenty five participants left the beach at Hillhead. These included Geoff Turner on his Yess board and Jerry Allen and Dave Nichols on their Windglider Tandem. Six ladies started, and Kristen Paganon and Cindy Orr managed to be among the fourteen who were able to make it to the island

and back. Two of the younger participants who made it to the Island returned in tow behind escort crafts manned by Cdr. R. Withinshaw of Portchester and Richard Cooke of Hillhead. A challenge boardsailing trophy was kindly donated by Hutchings Trophies of Warsash and awarded to Nick Harper who reached the Island and collected £75 in sponsorship money. This year's organiser, Mrs Susan McDowell, hopes the event will become an annual one to raise money for the many charities in the area.



July 18 1981!

Sponsored Board-Sail

The Hill Head Board-Sailors achieved a great success when they ran a Sponsored Board Sail from Hill Head to the Isle of Wight, in aid of the Fareham & Dist. Branch of the Parkinson's Disease Soc. So far over £500 has been received, and the many people who worked so hard to make this possible are warmly thanked by the Chairman of the Branch. A beautiful trophy donated by Hutchings of Warsash, will be presented to Nick Harper who raised the most money on the sail. (Medora Morton).



Mr. Tim Powell (front left) presents a trophy to Nick Harper who raised the most money in a sponsored board sail to the Isle of Wight. Receiving the cheque on behalf of Fareham Parkinsons Disease Society is former Mayor of Fareham Mr. Eric Barber (centre right). The cheque for more than £600 was presented by the board sail organizer Mrs. S. McDowell (front right).

All aboard to aid fund

Consultant engineer Mr. Nick Harper had a special reason for board sailing across the Solent to raise money for research into Parkinsons disease. For his mother-in-law Mrs. Joan Basson is a victim.

Said 32-year-old Mr. Harper of Mead Road, Chandlers Ford. "I had just finished a sail down at Hill Head when someone came and asked me if I would like to take part in a sponsored sail.

"My mother-in-law was down from her home near Stoke-on-Trent at the time so I decided it would be a good thing to take part."

He was one of 29 who took part in the ten-mile sail from Hill Head to the Isle of Wight and back. The sail was organized by the Fareham and District Parkinson's Society and raised more than £600.

With £75 Mr. Harper raised more than any other individual and was presented with a trophy

on Saturday by Mr. Tim Powell of the Warsash sporting trophy company which made it.

Mr. Harper has been board sailing for about two years but even so he fell off on the Solent crossing between 30 and 40 times.

"About a mile out there were some very big seas because of the tidal conditions," he said.

Three of the children of the organizer, Mrs. Sue McDowell of Gattesway, Hill Head, also took part in the sail. They were Lucy (19), Maggie (22) and Tom (20).



RYA RULES DISPUTES – WHAT TO DO

The best way of dealing with incidents (rules disputes) on the water, if no boat takes a penalty at the time, is to offer a choice of:



- (i) an **ADVISORY HEARING**,
- (ii) **RYA ARBITRATION** or
- (iii) a **PROTEST HEARING**

ADVISORY HEARING

USE THIS IF YOU JUST WANT TO LEARN WHETHER YOU WERE IN THE RIGHT OR WRONG

- ... *An incident has occurred and no party wishes to protest, but instead want to learn for the future from what happened*
- ... *No protest form is required*
- ... *All parties meet informally with a Rules Adviser*
- ... *The parties describe what happened*
- ... *The Rules Adviser explains what rules may have been broken and whether anyone was in the wrong*
- ... *No one is disqualified or penalised, although a boat in the wrong **may** accept an exoneration penalty (specified in the SIs and commonly a 20% scoring penalty) or retire*

RYA ARBITRATION

USE THIS IF YOU WANT THE DISPUTE RESOLVED QUICKLY AND SIMPLY. THIS IS NOT AS FORMAL AS A PROTEST HEARING, AND THE POTENTIAL PENALTY NOT AS DAMAGING TO A BOAT'S SCORE

- ... *An incident has occurred and a valid protest is lodged within the normal time limit*
- ... *All parties agree to opt for RYA Arbitration and meet with a Rules Adviser*
- ... *The parties describe what happened, and the Rules Adviser will decide whether any witnesses should be called*
- ... *The Rules Adviser explains what rules may have been broken and whether anyone was in the wrong*
- ... *A boat in the wrong is asked to accept the exoneration penalty*
- ... *No one is disqualified*
- ... *If the exoneration penalty is not accepted, the protest may go to a formal protest hearing*
- ... *There are very occasional scenarios when it is not possible or correct to resolve a dispute by RYA Arbitration and instead it has to be taken to a formal protest hearing*

PROTEST HEARING

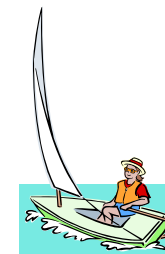
USE THIS IF THE DISPUTE IS COMPLEX, OR IF THERE HAS BEEN INJURY OR SERIOUS DAMAGE, OR IF YOU FEEL AN EXONERATION PENALTY WOULD BE INAPPROPRIATE

- ... *An incident has occurred and a valid protest is lodged within the normal time limit.*
- ... *A traditional formal hearing of the parties with a Protest Committee (usually of 3 people) will be arranged.*
- ... *Any boat that has broken a rule will be disqualified.*

*The aim is to encourage everyone to follow **The Racing Rules of Sailing**. This is only a guideline. More detailed information can be found on the RYA website under "Rules Disputes Best Practice"*
<http://www.rya.org.uk/general/rulesdisputes>

Musings from the Poop Deck

What a strange lot we are. Nothing personal, but please bear with me. You see we have all been stricken by the bug. It is nothing to worry about as it affects lots of people without any adverse or long term effects and yet, it is life changing. We, the chosen few, have been infected by the love of sailing, whether racing, cruising or just enjoying a gentle potter around. Whether starting as a child or coming to this sport in adulthood we have decided that Sailing is our sport. Not content with crewing or sharing a boat with someone, we take that wonderful step of buying our very own pride and joy. If anyone asks, they are left with the impression that through our keenness we are on the water any time we have half an hour to spare.



The reality is, of course, very different. There is little joy in sailing for the first few months of the season and before too long Easter will have come and gone. You are then juggling weather and tidal forecasts with other family commitments (and Hill Head duties) and quite by surprise we are well into Summer. In the meantime, have we checked on the state and condition of our beloved little craft? A casual look around the dinghy park at the recent Working Parties would seem to suggest a substantial number of us haven't. The tell tail signs of gallons of water pinning the cover to the deck or even to the floor of the boats are obvious enough. Some unfortunate covers are punctured and have stretch marks like stranded whales. Add to this the number of covers displaying mouldy or green rings shows that there is a lack of tender loving care. The cover of one boat had slipped so far under the weight of water that a nearly new sail was revealed, surely and regretfully, an invitation for theft. Or am I missing something? Is the extra weight of water intended as an aid to help tie down so that the boat does not blow away in the next gale? The makers of boat covers must be rubbing their hands with glee. The damage to our pride and joy is not limited to the failure to monitor that the cover is doing its



Water is devious and will find its way down the mast or through the material of the cover itself, so there will be a pool of water lying in the bottom of the boat. The damage caused by the action of freeze and thaw is well known. So have you checked your boat recently? Have you bailed out the boat and sponged it dry? Is your boat tied down in such a way that in future any water inside the boat can drain away? Have you looked to see if the cover could be improved by internal support from the boom supported on a couple of boxes? Ever noticed that some covers have a tape loop half way down? This is sewn on to enable the main halyard to be attached and therefore to raise the cover up so that water runs off.

Every year someone expresses the opinion that we, the Club members, do not look after the Club boats and if only we treated them like our own boats then they would need less maintenance. I recently took out a Club Boat and everything worked! However the last person to use the boat had not drained it and there were litres of water inside the hull. All the inspection hatches were firmly in place revealing that they had not been moved for some time. A cursory inspection taking less than 30 seconds would have shown that water was present and it should have been emptied. If we check our own boats after use then surely we must do the basics and do the same when we take out Club boats?

We depend on each other to turn up and do our duties. If you are sailing then it is part of your duty to see that the Safety Boat crew has sufficient volunteers to pull the Safety Boat out of the water and up the slipway. Unfortunately already this year the Safety Boat crew had to go round to rustle up sufficient helpers as the sailors had disappeared to the comfort of their showers. Please give some thought to the Safety Boat crew, they have been out in the same conditions as you, and they have cold hands and feet and want to get in that shower too!

This season the racing has already attracted a good number of boats on the water. Unfortunately that also means that ten minutes before the start the slipways look like the M25 at rush hour. In order to prevent the installation of a coned area is it possible that all boats pulled to the slipway are fully rigged and with rudders attached so that minimum time is taken to launch? The hard shoulder can of course be used to ease the flow!

We have an amazing club. Just look at the view from the clubhouse for starters. Then there is the devotion of the members of all the committees. Look at the Training programme, see the fixture list for a rich and varied type of races. We appeal to racing and cruising members whether in dinghies or cruisers. We also have something indefinable that cannot be manufactured, we are a friendly club. This was one of the main reasons why we



joined the club after comparing with other clubs in the area.
Long may it continue.

(Name & contact supplied)



RYA Principal

Matt Gibbs, RYA Principal
Rya@hillheadsc.org.uk



We are well into our Training Programme for 2011 already and, fingers crossed, the weather thus far is being kind to us (famous last words)! Our powerboat courses for members have now been successfully completed, although as you will have no doubt heard from Andrew Knight, our Chief Powerboat Instructor, we are endeavouring this year to extend the training throughout the season by scheduling refresher days. These really are vital to continue your training – four or five duties a year (perhaps in benign conditions) are not enough to continue your skills development, but it's this continued improvement that helps ensure we can react appropriately to any situation. I recently attended an Instructor Conference at Hayling, during which I took part in a series of Safety Boat training drills – these were extremely useful and everyone gains knowledge and skills as a result.

Our dinghy training programme retains the structure of 2010, but at the time of reading our first RYA 2 course will be upon us. We will once again be calling on our [predominantly] younger members to assist in training once they have completed their Assistant Instructor qualifications, and it's good to see this year a number that we have trained previously move on to take part in a full Instructor Course. We are keen to ensure a steady flow of new Instructors within the Club – there is always some turnover due to people moving away or circumstances changing so it's essential we keep our instructor base steady or growing. I would therefore urge any member who's interested in the Instructor training programme to speak to me, Margaret or Andrew. It's not only a useful qualification for Hill Head, but I guarantee it will teach you skills useful outside of the sailing environment too.

Our Instructors, Coaches, AI's and general helpers; both Powerboat and Dinghy are the lifeblood of our training programme – and continued thanks go to them for the efforts they make to keep our comprehensive and well regarded programme running smoothly.

Finally, this is my last article as Principal at Hill Head since I am standing down due to changing work commitments away from Hill Head. I have enjoyed the last three years greatly and can take great pride – as can the rest of the Training Team, in the work we have done to renew and expand our training programme. In particular, I would like to thank Margaret and Andy for their huge support and efforts. They genuinely do the heavy lifting on the team, and the success of our programme is very much down to them. We have a strong team in place to continue taking our programme forward and I look forward to staying involved!

Matthew Gibbs

Dinghy Weeks 2011

Week 1 - Monday 1st until 5th August
Week 2 – Monday 15th until 19th August

Two Weeks of Cadet and Adult Racing and Recreational Sailing activities!

Pre-Enter for dinghy Weeks from 1st May.
The forms you need can be downloaded from
www.hillheadsc.org.uk/dinghy-weeks.htm



Completed forms with payment should be put into the Dinghy Week collection folder behind the bar or in the “Commodore” pigeon hole at the Sailing Club

Any questions?
Contact:

Luke Morrison - LukeMorrison@hillheadsc.org.uk
Sue Ellis - Sue@ellisdesign.co.uk
Luke’s mobile: 07983 084095

Check out the Hill Head Facebook Group Page!
<http://www.facebook.com/group.php?gid=7113901870>

REGATTA / TRIANGULATION OPEN EVENT 2011

Sunday 23 July 2011 HW 13:36 hours

This year we are combining these two events.

THE TRIANGULATION is Hill Head's unique handicap race. Instead of having staggered starts for each class we adjust the race course length for each boat. The second triangular leg of the course consists of a series of laid marks Each the same distance apart. The distance is dependant on the weather conditions and tidal flow. All boats start together and theoretically all boats finish together!

REGATTA

The Regatta will take place after a short break, the exact form will be set out in the Notice of Race issued nearer the time This is a great Hill Head One-off event. You turn up on the day, sign on - do the race - and come and enjoy afternoon tea and prizegiving in the club house afterwards. What more could you ask for?

SLOSHH Inter-club race for 2011 Sunday 17 July - HW 13:32 hours

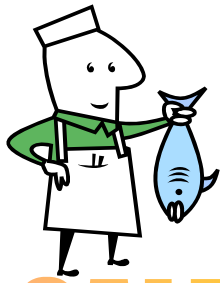
SLOSHH is not a drinking competition but a single handicap race between Seafarers, Lee on the Solent and Hill Head Sailing Clubs. The Race takes place from the Hill Head Committee boat, Athlone Castle, off Seafarers Sailing Club. Any boat is welcome to participate. The scoring system favours those clubs that get the most boats on the water for each race. It's a good opportunity to race against other Sailing clubs and we usually have a very large fleet! Even if you are new to racing come and give it a go!

Jacqueline Class dinghy Beaka Boo sail no 27
is offered to anybody who would like to have a go in a traditionally built dinghy during club races

Brian Bunyard class captain is happy to show sailors the ropes
Email: jacqueline@hillheadsc.org.uk or 01329668081

Insured - On spit side - Pretty much ready to sail
(See photo on back page)

Andre Ozanne I can be reached at andre@mamboteam.eu



SUMMER IS COMING!

SALMON AND STRAWBERRIES

**Saturday 18th June
at
7:30 for 8:00pm
for your welcoming glass
of Pimms to
start the evening!**

MENU

Our poached salmon delicacy accompanied by beautiful buttery new potatoes and a selection of seasonal crispy salads.

Followed by mountains of freshly picked and dew fresh strawberries, with oodles of cream.

Topped off with top quality English country cheeses and crackers!

**All for only...£16.50
Names on list behind the
bar from the 27th May with
cheque payment!!**

Keeping Our Children Safe



The RYA has a child protection policy to try and ensure that all RYA approved establishments, like HHSC, have an in-house Child Protection Policy.

It is the policy of the RYA to safeguard children and young people taking part in boating from sexual or emotional harm. The RYA will take all reasonable steps to ensure that, through appropriate procedures and training, children participating in the RYA activities do so in a safe environment. "We recognise that the safety and welfare of the child is paramount and that all children whatever their age, gender, disability, culture, ethnic origin, colour, religion or belief, social status or sexual identity, have a right to protection from abuse".

The present government is looking into reviewing the proposals by the last government to reduce the burden of checks for voluntary organisations and employers and shifting to the employers or voluntary organisations to check their own members. The Vetting and Barring and Scheme is being scaled back and will probably not apply to HHSC. The Vetting and Barring Scheme and Criminal Records Checks are only able to check previous convictions and as such cannot catch those who are under the surface.

What do we conclude from this, that CRB and VBS are not one hundred percent secure in catching people who would harm our children, however it has been shown that the occurrence of problems in sailing clubs and other RYA Centres is extremely rare and although we must be vigilant, it will probably not be present in our club.

The RYA Child Protection Policy Guidelines can be downloaded from the RYA Website and the HHSC Policy can be found in the Operations Manual and a slightly more readable version in the Must Read for All Instructors in the training room.

The RYA recommends that all members involved with children, sign a Self Declaration Form to say that have no criminal records as regards to child protection. The forms are in the training room and all race box teams, instructors and powerboat crews are required to sign a form once every 3 years. If you are not involved with safety boat duties you may delete that section. If you have not signed a Self Declaration Form in the last three years please, do so as soon as possible and put it in the RYA pigeon hole in the letter rack. If you fail to do this it means someone has to remind you to sign one. This is important as it is one of the conditions to retain our RYA recognition.

The 2 club welfare officers for any problems with child protection are:

Margaret Hyde Tel. 01329 510242 or
youth_coordinator@hillheadsc.org.uk
Paul Daysh Tel. 023 92793103.

Spinnaker, Christchurch and Hill Head Topper Squad 2010-11

Wow!! What a fantastic winter I've had.

The first topper Squad event was at **Spinnaker** on the 9th of October. I met all the coaches, Tracy, Katy, Tom and Chris. As well as the rest of the sailors from Hill Head there were Tom Charter, Charlie Newbold, and Joe Dancer.

Firstly we were given top tips on how to rig our toppers to get the best out of them. We then had a briefing about Tacking and gybing, We were taught what makes a good gybe and given important things to remember. Soon we were on the water and in for a bit of a shock! Having never sailed on a lake before I didn't have a clue how fluky the wind would be and no waves - I thought this was very strange. Mum got a bit of a shock as well when I presented her with a list of new parts I needed for my topper. I'd had a fantastic day and was already looking forward to the next topper session.

The next event was at **Christchurch**. We arrived in good time and I was soon rigged up feeling very pleased with my topper which was now sporting a new tiller extension, traveller down haul and bung. We started with a briefing recapping on what we had done the previous session and building on that. Then we went out on the water to put into practice what we'd been learning. It was great having the coaches on the water with us, as they told me where I was going wrong, which helped me to get it right the next time. Oh OK I admit it, it probably took me a few times to get it perfect, but I do feel that I was tacking and gybing a lot quicker. It was a pretty cold day so I had every spare layer from my wardrobe on. Although I learnt a lot, by the time we got back my legs feet and hands were frozen. So once again my poor old mum got a bit of a shock as I presented her with a new shopping list.

The next session was at **Hill Head Sailing Club**. For me this was quite exciting to be sailing at my home club with the rest of the topper squad. We were all beginning to gel together and get to know each other. Although I already knew everyone from Hill Head we were all becoming really great friends and were constantly teasing each other, laughing at each other and ourselves, helping each other out, but most of all just enjoying our love of sailing together.



27 Arriving at Wootton Creek



Pre-Launch

Hill Head was our first event with waves. One of the coaches commented on how well the Hill Head group coped. I think the whole of the topper squad including coaches enjoyed the event at Hill Head. There was lots of comments on how well run our club was, and what a fantastic location. A few people were very surprised that the club was run by volunteers. I certainly felt very proud to be a member of Hill Head.

Harry Ives

SCRA Membership

Have you thought about becoming a member of the 'Solent Cruising and Racing Association'?

The SCRA co-ordinates sailing events between the many Solent Clubs and produces a detailed fixtures poster every year which the Club receives.

The website is an essential source of events and useful links and is regularly updated. The SCRA also produces The Solent Book, which is an unique and invaluable source of information to everyone interested in the Solent. The association is an integral part of the support group that runs the weather station on the Bramble post and helps pay for this very useful facility. They are also responsible for the majority of the racing marks within the Solent, obtaining sponsorship as well as laying marks to facilitate all race events.

The membership is £19.50 per year and a free copy of the Solent Year Book arrives in the post in April – a book which includes tide tables for the next two years, contact details for all clubs, classes, harbour masters and ferry information – a must-have for every boat owner.

Why not visit the website and join today: <http://www.scra.org.uk> and use menus 'About the SCRA' and then Membership.

Peter Bateson, Hon Secretary SCRA

NEW MEMBERS' PACKS

I want to bring to your attention that, thanks to Sue, we now have a number of Membership Packs which include all the documents we give to prospective new members who come and visit the club. These are located in the same usual place.

The packs contain:

- 1 New Membership Application form.
- 1 Notes to new members.
- 1 Annual Subscription Prices.
- 1 Club Brochure.
- 1 Fixtures List.
- 1 Addressed envelope for membership application form.

This is a great little addition and gives a much more professional way of giving prospective new members all the information they need.

Sue made a lot of these up so I think we have enough for the whole year! Thank you Sue!

FREE-ADS for MEMBERS

**For Sale
Laser 162926**

Sailed only 4 times in the last 3 years
Light Blue Hull, Top Cover - Launching Trolley - Standard Rig
4.7 Rig with Replica Sail (Used 4 times only)
Carbon Fibre Tiller & Extension - Foil Bag
£1675
Call Chantal Pearce to view 01329 662368



FOR SALE £8000 o.n.o

1/12th share in
"Blue Steel" 37ft Stevens
1140 steel motor cruiser
Sleeps six
two toilet compartments
separate shower
inside and outside steering
positions 135 h.p.
Perkins diesel engine.

Currently moored in St Jean de Losne, Burgundy. For more details, running costs, etc, see <http://www.boat-share.net/BlueSteel/index.htm> or contact Keith Annand 01329 313177 or keith@themutleys.co.uk

Sailing Kit for Sale

Contact: Graham Pike - gjpike@btinternet.com 01489582998



Typhoon Wetsuit Sailing Jacket,
Junior size fits 5ft—5ft.8 approx
good condition. £10



GUL Quest wetsuit,
junior, size
Fits approx
5ft to 5ft 6in,
good condition. £10



Aqua Pro wetsuit, size
junior, good condition. £10

BUSINESS ADVERTISEMENT

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Mary Sutton-Coulson Grad.Dip.Phys MCSP. SRP



Solent Physiotherapy & Sports Injury Clinic
Specialising in:

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- × Management & Treatment of all spinal problems including whiplash
- × All types of headaches
- × Pre and Post operative treatment
- × Rehabilitation therapy and advice
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- × Acupuncture

**Crofton End
Crofton Avenue
Lee on Solent
01329 663310**

Member of the Chartered Society of Physiotherapy
Registered with the Health Professional Council

Studio Portraits in aid of HHSC Oppie Fund

HHSC need to raise £1000 for a new Oppie to replace existing old one, please help support this cause and have a beautiful portrait in the process...

HHSC Training Room, Saturday 30th April from 9am.

Club member Nigel Williams will be setting his professional studio equipment at the club and offering 30 minute sittings for club members and friends. 100% of profits raised will be given to the club Oppie fund.

A small sitting fee of £25 will be taken to hold your sitting time which will include **one** 10x8" portrait from your session. Other sizes and additional images can be ordered after you have reviewed your session photos.

Your 30 minute sitting can include any style of photography you like. Family or Group Portraits, Friends, Couples, Children and Babies. Please feel free to call and discuss any requirements for your session.

Contact Nigel Williams: email@sharpshooter.co.uk
07506 718718

BUSINESS ADVERTISING in MAINSHEETS

Cost for one page £40.00 or pro rata for a smaller area
Each advertisement will be charged per issue.

Please send any advertisements you require in the same way as, and in time for, copy for each issue - Include a picture or Logo if desired.

N.B. A preview PDF can be sent by email
but if you need a postal copy please send an SAE with your request,
allowing enough time for preferred alterations

*Please contact the editor **BEFORE** paying*
*Payment will be due in advance, cheque **made payable to HHSC** and*
sent to The Treasurer at HHSC.



FREE - ADS for CLUB MEMBERS



If you would like to place an advertisement for boats or equipment in Mainsheets, please check the copy date and send to the contact below. Free-Ads can also be shown on the website, members page should you wish.

Disclaimer - Whilst every effort is made to ensure accuracy, those concerned with the preparation of this magazine cannot be held accountable for errors or omissions in editorial matter or advertisements, or the actions of the advertisers.

The views expressed on these pages are not necessarily those of the individuals who prepared the document.

N. B. Your name and address can be withheld at your request but an anonymous article will only be published at the discretion of the editor.

COPY DATE FOR THE NEXT ISSUE

Monday 11 July 2011

Please send items for next Mainsheets

E-mail: editor@hillheadsc.org.uk - **Post** to the address below

Fax: 07092089182 **OR** leave in the Clubhouse

Editor Ann Perrett . Auburn Lodge Crampmoor Lane . Romsey SO51 9AJ

Printed by Speedyprint, Unit 27 Gosport Business Park, Aerodrome Rd,
Gosport PO13 0FQ Email: sales@speedy-print.co.uk

<http://www.hillheadsc.org.uk>

Sailing / Training / Opens / Socials / Cruisers

Fixtures / Results / Awards / HHSC Weather Station



Jacqueline Peeka Boo Sail no. 27 & AMBO Float plane on Lake Taupo



Photos, Andre Ozanne

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To join contact:

Hon. Membership Secretary - Sue Davis 07971 784616

Email: membersec@hillheadsc.org.uk

April
2011

Hill Head Sailing Club . Cliff Road . Hill Head . Fareham . Hampshire . PO14 3JT
01329 664843 Email: admin@hillheadsc.org.uk